

# the Chalice

Volume 48 May – June 2019 Issue No. 3



# PRESIDENT'S COLUMN By Caylon E

By Gaylen E.

"Let us know, let us strive to know the Lord; as certain as the dawn is his coming. He will come to us like the rain, like spring rain that waters the earth." Hosea 6:3

Spring has sprung! Happy spring to all! Spring brings a reminder of how beautiful change can truly be. We have endured the darkness of Christ's Passion, and we have

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rejoiced in the light of His Resurrection, and the promise of eternal life. Spring reminds us that as Christians we are given new mercies and new life every day. In recovery, we are reminded that by working the spiritual exercises of the 4<sup>th</sup> and 5<sup>th</sup> Steps, we can lay bare and leave behind the bondage of our past lives. With God's grace, we prune the deadwood of guilt, shame and remorse.

Then, becoming ready and willing in the gifts of the 6<sup>th</sup> and 7<sup>th</sup> Steps, we humbly ask for Christ's help in living a new life of love and service. Through His Sacramental presence in Reconciliation and the Eucharist, God reaches out his powerful and loving hand, and we are given the power to make this new life possible. And so, we rejoice in the real hope that spring and Christ's resurrection herald.

Let us walk forward together into the sunlight of the Spirit, welcoming these changes. Confident that thru the dark nights of our lives, we can with confidence await the certain dawn of His coming.

So, onto Calix. We have a lot going on right now. In this edition of the Chalice, you'll read about new membership cards, a new Calix prayer book that we need your input on, and the annual retreat and the Credo.

#### **2019 Annual Retreat**

We are getting excited about this year's retreat, which will be held in Washington, D.C. on August 2 through August 4. This year's theme is "I Shall Take the Chalice of Salvation," which is from Psalm 116. The retreat will be held at the Washington Retreat House, which is very near the Basilica of the National Shrine of the Immaculate Conception. We hope to see those that have attended past retreats, and are hopeful that we'll see some new folks as well.

(see next page)



#### President's Column, by Gaylen E. (Continued)

The weekend officially begins with Mass at 5:00 p.m. on Friday (though guests will be welcome at noon). There will be opportunities for daily Mass and Confession, and great talks and fellowship with Calix members from around the country. This year's retreat director is Father M. Paul Richardson of the Diocese of Arlington, VA.

More details on the retreat are on page 5 of the Chalice, and online registration is available at <a href="https://www.calixsociety.org">www.calixsociety.org</a>.

#### The Credo

I've shared with you in previous editions that the Board has been working on possible changes to the Calix Credo. We've agreed on several changes and sent the changes to the unit leaders to share with their respective units for feedback. Hopefully, your unit leader will be reaching out to you soon, if not already. In the meantime, I want to the share the new Credo with you. Your feedback is important to us! So, please, if you would like to share your opinion, now is the time to do it (if you haven't already). I am available at (216) 789-3882 or <a href="mailto:gaylenemond@gmail.com">gaylenemond@gmail.com</a>. You also can speak with your unit leader.

Below is the revised Credo approved by the Board, with bold underline text representing changes from the original Credo.

"Calix is an association of Catholic alcoholics, drug addicts, and family members and friends affected by addiction, who are maintaining their sobriety through participation in their Catholic faith and a 12 Step program. Our first concern is to interest Catholics with these problems in the virtue of total abstinence. Our second stated purpose is to promote the spiritual development of our membership. Our gathering today is an effort in this direction. Our conversation and our association together should be a source of inspiration and encouragement to each other, geared to our growth toward spiritual maturity. Our participation in all other spiritual activities of Calix, such as the frequent celebration of the Liturgy, reception of the Sacraments, personal prayer and meditation, Holy Hours, Days of Recollection and retreats, aids us in our third objective, namely, to strive for the sanctification of the whole personality of each member. We welcome others who are not members of our Catholic faith, and anyone concerned with the illness of alcoholism and addiction who wish to join with us in prayer for our stated purposes."



#### Humble of Heart, by Fr. Doug McKay, Calix Chaplain

There is a story about a Samurai warrior and a holy man. The proud Samurai, a sword on each side, approaches the humble one, crosses his hands on his swords, and says, "Holy man, show me heaven and show me hell!"

The man of God answers, "Well now, you are too ugly and dumb, young man, for me to show you heaven and hell."

Unsheathing his swords, the warrior stands up on his toes ready to slash the holy man to death. Pointing up at the raged man, the wise one exclaims, "That, my son, is hell!" Experiencing wisdom, the would-be killer drops his swords and falls upon his knees: "And that, my son, is heaven."

This story emphasizes humility, and it reminds me about the camel who begins its days on its knees and ends its days on its knees. Spiritually speaking, we would do well to imitate the good example of the camel. The story also reminds me of the saying, "God answers *knee*-mail." And, "We are never as close to God than when we are on our knees." Now, I know that many of us, especially the sick and elderly, can not pray on our knees, but all of us can bow and kneel upon our hearts before the Lord.

In 1988 I had the honor with other priests to visit the Holy Land and study the Sacred Scriptures. One of the sights that we pondered was the place commemorating the birth of our Lord and Savior, Jesus Christ. I fondly remember a little door through which we needed to pass. Our Christian guide told us that to pass through that little door-way we needed to humble ourselves by bowing low in order to enter into the place where God Himself was born into the world.

We are never as close to God than when we are on our knees.

As I often look back and recall my bowing low for entry into that holy place, I remember the words of Saint Jeanne Jugan, foundress of the Little Sisters of the Poor: "Little, very little, be very little before God."

Someone once asked Saint Augustine: "What are the three most important virtues?" Augustine answered, "Humility, Humility, and Humility." How true! The saint even defines the virtue by saying that humility is knowing that I am totally dependent upon God for everything. And everything does mean everything. Many of the other

saints also concurred this truth about humility.

When we look at the Twelve Steps of Alcoholic Anonymous, we come to see the virtue of humility in every one of the steps. Every one of them! This most important virtue is clearly mentioned in the Seventh Step: "Humbly asked Him to remove our shortcomings."

However, to be aware of my shortcomings, I must be little enough to receive the grace to *know* my character defects ... and ... be entirely ready to have God remove them. Then, and only then, can I humbly ask God to remove all my shortcomings in order for Him to dilate my heart for the grace to amend my life. After all, I can do nothing without the Power greater than myself.

(see next page)



#### **Humble of Heart, by Fr. Doug McKay (Continued)**

Someone once said that there are two kinds of people in the world: 'those who are humble and those who are about to be.' When the good Lord humbles me, I come to realize, more than ever, that my ego is *not my amigo*. Really, in other words, my EGO—Edges God Out! However, it is the Almighty One, Himself, who deposes the proud-hearted, but He does so only to exalt the humble souls He deposed. O how He loves us all, even the proud-full hearts!

Now I end this article by saying that the greatest example we have to live in humility, the most important God-given virtue, is not the examples of Saint Augustine, or any other saint—including Mother Mary—but the examples of the Humble Heart of Jesus Christ Himself. We can see His humble examples from the beginning of His life in the womb of His mother, throughout His life, at the end of His passionate life, and beyond.

In the womb of Mother Mary, at her fiat, our God becomes little, very little, in our humanity. At His birth, He becomes little, very little before us. At His passionate suffering and death, He becomes little, very little before us. And in particular in His Eucharistic presence (the greatest love story ever told and the source and summit of all graces), He becomes little, very little upon our altars and in all the tabernacles of the world. There is no greater condescension than God the Creator becoming man the creature to live, to suffer, to die, and especially to remain with us always in His Most Blessed Sacrament. What extraordinary humility!

In Matthew 11:29, we hear the Lord speaking and commanding each and everyone of us to live like Himself with the most important virtue: "Take my yoke upon you and learn from me, for I am meek and humble of heart..." I pray, O Lord, make me like Yourself: Humble of Heart.

Father Douglas McKay, O.F.S. Chaplain, Calix Society

### **2019 Annual Calix Society Retreat**

\* \* \* Washington, D.C. \* \* \*

The Northern Virginia Calix Units are ready to welcome you to the Washington Retreat House in Washington, DC. This year's theme is:

"I Shall Take the Chalice of Salvation"

Online registration is now available at <a href="https://www.calixsociety.org">www.calixsociety.org</a>

When:

Friday, August 2 at 5:00 p.m. – Sunday August 4 at 12:00 p.m.

Where:

Washington Retreat House 4000 Harewood Road NE Washington, D.C. 20017

Cost:

\$275 by cash or check / \$285 by PayPal

The weekend officially begins with Mass at 5:00 p.m. on Friday (though guests will be welcome at noon). There will be opportunities for daily Mass and Confession, and great talks and fellowship with Calix members from around the country.

This year's retreat director is Father M. Paul Richardson of the Diocese of Arlington, VA.

There will be time on Saturday afternoon for offsite touring. Some Catholic treasures that are close to the Washington Retreat Center include:

- \* Basilica of the Shrine of the Immaculate Conception (0.6 miles away)
- \* Saint John Paul II National Shrine (0.1 miles away)
- \* Franciscan Monastery of the Holy Land in America (1.6 miles away)



### 2019 Annual Calix Society Retreat (Continued)

In addition to the time on Saturday afternoon for offsite touring, you may want to add a day or two to your trip to visit some of the Catholic treasures that are very close to the Washington Retreat Center, such as:

# Basilica of the Shrine of the Immaculate Conception

The Basilica of the National Shrine of the Immaculate Conception is designated by the United States Conference of Catholic Bishops as a pilgrimage church. It is also the preeminent Marian Shrine of the United States. With over 80 chapels and oratories that relate to the Blessed Mother and peoples from countries around the world, one can virtually make a pilgrimage to many of the great Marian shrines of the world and receive their same graces and



indulgences by visiting the Basilica of the National Shrine of the Immaculate Conception.

www.nationalshrine.org

#### Saint John Paul II National Shrine

The Saint John Paul II National Shrine welcomes pilgrims who wish to encounter Jesus Christ through the life and teachings of St. John Paul II. Visitors undertake a spiritual journey with this great saint and leave inspired to continue the New Evangelization he taught was the vocation of every Christian. Visitors can attend daily Mass and receive the sacraments in the Redemptor Hominis Church and venerate a first-class relic of St. John Paul II in the



www.jp2shrine.org

# Franciscan Monastery of the Holy Land in America

The Monastery was built to serve those who could not physically travel to the Holy Land and includes replicas of many of the sites that the Franciscans oversee in the Holy Land, including Nativity Grotto in Bethlehem and the tomb of Christ in Jerusalem. There are also full-size replicas of the Catacombs and martyr's crypts. In addition, there are Stations of the Cross, beautiful gardens and a replica of the www.myfranciscan.org Lourdes Grotto.

Luminous Mysteries Chapel.

### Our Remedy Burns by Bruce G.

The familiar words, "Humbly asked Him to remove our shortcomings," suggest multiple common interpretations that in some way or another stress humility or prayer.

These interpretations are all relevant, particularly when one is seeking sobriety. Guiding us beyond sobriety and toward spiritual growth, Father Luger, in his book <u>Calix and the Twelve Steps</u>, builds on these prominent interpretations by proclaiming, "How fortunate we are in Calix in centering the

"The theme
[of our Retreat]
asks us to look more
deeply at the source
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source of God's help on the Eucharist. The frequent reception of the Eucharist is one of the most potent sources of disposing our self for the graces we need."

When we come together for our annual Calix Society Retreat, we will build further on Father Luger's insights as we reflect on the Retreat's theme, "I Shall Take the Chalice of Salvation." This theme asks us to look more deeply at the source of our recovery and spiritual growth, and contemplate the contents of the chalice. And in this contemplation resides the challenge and the promise that the contents will prepare us for a sanctified eternal life.

St. Catherine of Siena provides imagery that helps us contemplate the connection between the chalice's contents, the Precious Blood, and eternal life. In one of her letters, the Doctor of the Church writes:

"I remember what Jesus once said to one of his servants. She asked, 'Once you were dead, why did you want your side to be opened and to pour out such a torrent of blood?' And he said, 'There are many reasons, but I will tell you two important ones. First of all, I wanted this because by having my side opened I showed you the secret of my heart. For my heart held more love for humankind than any external physical act could show. The other reason was the baptism that was given to the human race because of the merits of my blood.' You know that he poured out blood and water. The water was for Christian baptism, which gives us life and form of grace, and which divine eternal Goodness provided through the merits of the blood of the Lamb as a remedy for our poverty and ignorance."

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### Our Remedy Burns by Bruce G. (Continued)

Undoubtedly, poverty and ignorance can be counted as universal human shortcomings in this fallen world. But one might wonder how the Precious Blood works to overcome them. St. Catherine continues:

"Our sin, or any diabolical illusion or temptation, however repulsive, filthy, and ugly it may be, need not make us falter; for our doctor has given us a medicine for any sickness we may have. I mean **the baptism of blood and of fire in which the soul cleanses and washes away every sin**, consumes and burns away every diabolical temptation and illusion...This fire is the love that is the Holy Spirit, for love was the hand that pierced God's Son and made him shed his blood...."

Let the Body, Blood, Soul and Divinity fully present in the Eucharist fuel the fire of the Holy Spirit in your soul, consecrating your for Eternal Life!

See you at the Retreat in D.C. this August!

-BG

"Our doctor has given us a medicine for any sickness we may have."

- St. Catherine of Siena

#### What does "Calix membership" really mean? by Ken J.

I've been a dues paying member of Calix since 2007, and often wonder what membership means to others and why we pay "dues". I'm certain many of you have the same questions.

The current board of The Calix Society has been working diligently to determine what Calix really is and what we want to be – for those in recovery, for family members, for the Church and for society. One of the areas we've been discussing is "membership". As of this writing, we currently have just 167 people contributing to the International Society. My own unit has 40 people attending on a weekly basis. Obviously very few are contributing members, and I am certain that this is true for most units.

Why, then, do so few people become "members" of Calix? This article wants to answer this question and hopefully, it will encourage you and others to consider making a contribution. Up 'til now we've asked for \$25 each year and in return you get 6 issues of The Chalice and access to members-only areas on the website. While nice, obviously it's not enough to make people contribute.

So, we're making some changes, and I think you will agree that \$25 is not only worth the investment but a real bargain! Here is what has been proposed and agreed to by the Calix board:

- We are re-instituting the use of membership "cards". Everyone that contributes at least \$25 will receive a membership card. In addition to your name, the card will contain contact information for the society AND two prayers one for living Calix members and one for the deceased. All members are asked to pray these prayers at least once each day. That alone having a few hundred people praying for you and your loved ones daily would be worth \$25.
- Your annual, tax-deductible, contribution helps offset the expenses of the society including the website, monthly phone bill, our PO Box, literature for prisons and others who request it and other projects that arise from time to time.
- All areas of the website are now free EXCEPT the forums. We need to control the forums to prevent lots of spam that would occur otherwise.



#### What does "Calix membership" really mean? (Continued)

The printed Chalice will no longer be included in the \$25 dues. We only print 35 copies of The Chalice every other month. Most members receive it via email. The cost per copy, with postage, is around \$2.30 per copy. Going forward, we are requesting that a printed Chalice subscription be paid for separately at the cost of \$13 per year. The ability to order a printed copy will be added to our online store. For those that don't use computers, please send \$13 to The Calix Society, PO Box 26, Glenside, PA 19038. NOTE: The Chalice can also be downloaded from the website and printed. Feel free to print copies for those that don't have email or use a computer.

Last, you may not be aware but we have no paid staff. All tasks – returning calls, reply to emails, mailing literature, are done by volunteers and often take more time than we would like to respond to our members. It would be awesome to have enough income to have at least part-time staff so that we can respond to and grow our membership. More paying members would mean more likelihood that we could afford a part-time staff member.

For those who have contributed, we thank you for your support. For those that have never contributed or have not contributed in some time, please consider making a contribution today. You can contribute online at www.calixsociety.org or by sending a check to The Calix Society, PO Box 26, Glenside, PA 19038. - Ken J., Treasurer

#### MEMBERSHIP CARDS

As mentioned in the Membership article, we are sending new membership cards to all those that contribute to The Calix Society. If you received this issue by email, you will see a link at the bottom of the email to update your profile.

Please update your profile to include a

- mailing address
- phone number and
- if you attend a Calix unit please update that as well.

If your only unit is the online meeting you can put "Online Meeting". If no unit at all you can put "N/A". When we receive your mailing address, we can mail the membership card.

Email treasurer@calixsociety.org with any questions or issues.

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#### Calix in the News

Our Calix Society was blessed with the publication of a beautiful article, which was published in the National Catholic Register in March. The National Catholic Register, which is owned by EWTN, has a circulation of over 10,000. Thanks goes to the Long Island unit, who were interviewed and represented Calix in such a beautiful way!

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BLOGS | MAR. 2, 2019

#### **Recovering Alcoholics Find Higher Power in the Chalice**

The Calix Society, a Catholic organization for recovering alcoholics, was founded in 1947

Patty Knap National Catholic Register

"AA restores your health and keeps you from an early grave. Calix saves your soul and puts you on the road to heaven." —William J. Montroy, Calix Society co-founder

Alcoholics Anonymous offers incalculable support and guidance for thousands of people each year. Often the life-changing impact leads participants to seek a stronger relationship with God outside of AA.

A Catholic organization for recovering alcoholics is helping them do just that.

The Calix Society is a Christ-centered recovery support group. Calix means "chalice" in Latin.

A group of recovering alcoholics in Minneapolis founded the Calix Society in 1947, after meeting weekly at the 5:30 a.m. Mass to pray for an alcoholic priest friend.



(Pixabay/CC0)

Realizing their Catholic faith was the surest path to serenity without alcohol, they founded the organization and soon affiliated units sprang up in 70 cities, even without a central office, website or literature. Today there are 33 "units," or chapters, across the U.S., one in Ireland and one in England. Each chapter is established with the permission of the local diocesan bishop.

Calix complements and extends the recovery efforts of AA and Al-Anon through prayer and the sacraments. In addition to the support of meetings and recovering friends, frequent reception of Holy Communion, confession, personal prayer, Holy Hours, Days of Recollection and retreats foster sanctification of the whole person.

# Calix in the News (Continued)

Only when the recovering person achieves some measure of sobriety is he or she ready for Calix. The "credo" of the society tells the story: "Calix is an association of Catholic alcoholics who are maintaining their sobriety through affiliation with and participation in the Fellowship of Alcoholics Anonymous." Co-patrons of the Calix Society are Our Lady of Recovery and Venerable Matt Talbot.

The group's primary concern is motivating a virtue of total abstinence in Catholics with an alcoholic problem. The second stated purpose is promoting spiritual development. Association and conversation together are meant to be a source of inspiration and encouragement to each other, geared toward growth in spiritual maturity.

#### **Five Friends on Long Island**

On Long Island, a group of five Chaminade Catholic High School alumni had already been meeting to support each other in their sobriety. "It's fairly common for an AA member to have fallen away from or even completely abandoned his faith," one member shared. "AA has a 'higher power' or 'God as you believe God to be. It's non-denominational and everyone understands that. Well we believe God to be Jesus Christ, and we find it's impossible without Him to stay sober. We wanted to be able to talk about God." The five friends approached their former school in Mineola, New York, for space for a monthly retreat, and have been meeting weekly there ever since.

The monthly meetings included reading the Gospel and praying the Rosary. At some point one of the men heard about the Calix Society, and wondered if becoming part of it could reinforce what they were already doing. They contacted the central office to inquire about becoming a local unit, and then contacted the bishop for his permission to begin in the Diocese of Rockville Centre. One member had been in AA for 14 years "but he was really angry at God," a member said. "He'd been through some tough stuff. He hadn't been to confession in 27 years. Over two years with Calix, he changed completely."

#### **Substituting the Cup That Sanctifies for the Cup That Stupefies**

"I had a hard enough time recovering with God," said Tom, who helped form the new Calix unit. "I can't possibly imagine doing this without him, and without the Eucharist."

Tom has been sober for 16 years and found AA helpful in correcting the character flaws that fueled his addiction, and guiding him toward a more fulfilling life.

"While AA does reference God throughout the literature and step work, direct reference to religion is not encouraged," he said. "The 'Higher Power' is left to be viewed by each member individually."

"As years passed though, I began to increasingly feel that there was something missing in my life. I knew in my heart that it was my connection to God but did nothing to confront those feelings. I believe now that it was my guilt that had never really been addressed with Him that was blocking that connection."



# Calix in the News (Continued)

Then a good friend introduced him to Calix, simply saying it was a group of Catholic AA members focused on improving their conscious contact with God. "This seemed to be worth exploring and so I attended my first meeting. I had no idea at the time that my life would change from that day forward."

"I was a bit apprehensive that my absence from the church and formal religion would be frowned upon but that was not at all the case. I was welcomed and encouraged to share openly about that fear from the start. ... I became hungry to learn more and more and found what had been missing in my life — my connection with God.

"Through the encouragement of the group, I also found the strength to go to confession for the first time in over 30 years. ... The feeling of peace was overwhelming. Before long, I found myself wanting more and began to attend Mass and receive the Eucharist every Sunday. I also learned the Rosary and recite it regularly with some of the men in the group every Tuesday before our meeting.

"I am a work in progress and don't claim to be a model Catholic, but my family and friends have noticed the changes in me and my interaction with them. Calix has filled a void in my life and I look forward to continued participation!"

\*

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#### Meditation - Psalm 116

I must admit that I was unfamiliar with Psalm 116 when I heard that it was the inspiration for the theme of the retreat: "I will lift up the cup of salvation". I was blown away when I read the Psalm. Every verse is profoundly beautiful, and each word seemed to speak directly to me. Like most things I learn about our wondrous faith, I found myself thinking, "How did I not know about this before, and how blessed I am to now have this in my life!" So, in case you too are unfamiliar with the Psalm, or could use a refresher, I want to share with you this treasure from the Word of God. - Chris B.

- 1 I love the LORD, because he has heard my voice and my supplications.
- 2 Because He inclined his ear to me, therefore I will call on Him as long as I live.
- 3 The snares of death encompassed me; the pangs of Sheol laid hold of me; I suffered distress and anguish.
- 4 Then I called on the name of the LORD: "O LORD, I beseech thee, save my life!"
- 5 Gracious is the LORD, and righteous; and God is merciful.
- 6 The LORD preserves the simple; when I was brought low, He saved me.
- 7 Return, O my soul, to your rest; for the LORD has dealt bountifully with you.
- 8 For thou hast delivered my soul from death, my eyes from tears, my feet from stumbling;
- 9 I walk before the LORD in the land of the living.
- 10 I kept my faith, even when I said, "I am greatly afflicted";
- 11 I said in my consternation, "Men are all a vain hope."
- 12 What shall I render to the LORD for all His bounty to me?
- 13 I will lift up the cup of salvation and call on the name of the LORD,
- 14 I will pay my vows to the LORD in the presence of all His people.
- 15 Precious in the sight of the LORD is the death of His saints.
- 16 O LORD, I am Thy servant; I am Thy servant, the son of Thy handmaid. Thou hast loosed my bonds.
- 17 I will offer to Thee the sacrifice of thanksgiving and call on the name of the LORD.
- 18 I will pay my vows to the LORD in the presence of all His people,
- 19 in the courts of the house of the LORD, in your midst, O Jerusalem. Praise the LORD!



#### **Prayer Requests**

- **J.D.** For all the people I work with who are alcoholic, that God may bring them to full recovery and to faith in and relationship with Jesus, and to full membership in the Catholic Church.
- **Y.C.** That I can deal with withdrawal symptoms without going for another drink or another unhealthy way to deal with the emotional pain; That I may see clearly that Christ is what will fill the emptiness.; That I can forgive myself for the mistakes that I have made while drinking and otherwise,; That I can recover and be blessing to my family and future family.
- M.S. Hello and thank you for reading this. Please, pray for my long time friend, Tom, of 46 years whom I have known since 1st grade. His dad died when my friend was only 14 years old. My friend found his father in a lazyboy chair with an empty bottle of liquor...deceased. Today, my friend, Tom D, has been drinking, practically nonstop, since he was 14. I pray for him everyday and the great news is that he is practicing the Sacraments again, but he falls so fast after confession and Holy Communion. I don't give up on him, but I am so frustrated. I don't understand his disease.

I beg for as many prayers as possible for him from you all. He is 53 and in very poor health and addicted to Xanax and has been for 25 years. He drinks and takes Xanax. He is on the brink of losing his high paying job since his superiors are figuring out that he drinks way too much and sleeps all day. He works from home, so he has gotten away with this for a very long time. But, they are cracking down on him now that his sales reps are reporting him. He stays sober just long enough to get them off his back.

I see my friend falling and I can't physically do anything to help him. When I mention any way he can help himself and be with others who suffer from his disease, he shuts me out. He won't even admit he has a disease or he at least doesn't have the will to change even if he has admitted it to himself and Our Lord.

Thank you so very much for praying for Tom D. He truly is a beautiful man when he is not drinking or hungover. He has hardly any friends left and his family has given up on him, but they still speak to him. They, themselves, don't have a desire to pray. They just gave up on him. They don't know how to help him anymore. But, I know the power of prayer when we all pray for someone we have never even met. So, I ask for as many prayers as possible. Please know that I will include all of you in my prayers at my Holy Hour and when I pray the Holy Rosary. May the Divine Child of Bethlehem bless you all abundantly today and forever.

#### C.S. - To be sober

- **A.M.L** I request your prayers for my 48 year old son Steve B who suffers deeply from alcohol and pot addiction. Please pray that he is able to find his way to AA. Please pray also that I am able to start a CALIX group here in the Pacific Northwest. May God bless us all.
- **D.F.** Continued sobriety for grandson and end addiction for granddaughter and her husband.; Help for all addicted and their families; Return to the Sacraments of all our family and others
- A.C. I'd like to pray for Faithful Catholic, recovering friends.



#### **Editor's Note**

- At Calix, we strive to be a source of inspiration and encouragement to each other, geared to our growth toward spiritual maturity.
- For the Chalice newsletter, we want to share our members' recovery and spiritual journeys, recognizing that each individual is on a different part of that journey or path!
- So, wherever you are on your recovery / spiritual journey, please consider writing an article for the Chalice
- For 2019, our theme for the Chalice is the Steps and how your Catholic faith influences your recovery program.
- ➤ Please send submissions to Chris B. (editor) at christinabongiovanni@hotmail.com.

Edition	Topic	Deadline for Submission
July/August	Steps 8 & 9	July 1
September/October	Step 10	September 1
November/December	Steps 11 & 12	November 1

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